

## **Job Centre Plus**

Jobcentre Plus: Call 0800 055 6688 Textphone: 0800 023 4888  
Universal Credit helpline: 0800 328 5644 Textphone: 0800 328 1344  
A wealth of information can found on the [gov.uk](http://gov.uk) website.

## **Education and skills**

**DCC Libraries** - Call 01629 533444 or email:  
[ask.library@derbyshire.gov.uk](mailto:ask.library@derbyshire.gov.uk) to book use of a library computer or for digital skills support (over phone) or if you have an enquiry.

## **Derbyshire National Careers Service**

For aged 19yrs+ or age 18 if not in education or employment  
Chesterfield area: 07717 303855 or email  
[wendy.leigh@derbyshire.gov.uk](mailto:wendy.leigh@derbyshire.gov.uk)  
NED & Bolsover: 07767 670797 or email  
[becky.stancill@derbyshire.gov.uk](mailto:becky.stancill@derbyshire.gov.uk)

## **Mental Health Services**

**Derbyshire Healthcare NHS Foundation Trust**  
Mental health support line Freephone 0800 028 0077 - 24hrs / 7days

## **Derbyshire Recovery and Peer Support Service**

Call 01773 734989 or email  
[DerbyshireRecoveryPeerSupportService@rethink.org](mailto:DerbyshireRecoveryPeerSupportService@rethink.org)

## **Samaritans**

Call free on 116 123 24hr/7 days a week service or  
email [jo@samaritans.org](mailto:jo@samaritans.org) (response time 24 hours) or visit the  
[Samaritans](http://Samaritans) website.

## **Domestic Abuse**

Call: 08000 198 668. If it's an emergency, call 999  
Text: Derbyshire Domestic abuse Support Line 07534 617252 or email  
[derbyshiredahelpline@theelmfoundation.org.uk](mailto:derbyshiredahelpline@theelmfoundation.org.uk)

**Produced by Health and Wellbeing Partnerships for Chesterfield  
and Bolsover and Healthy North East Derbyshire Partnership**

# **Important Information**

## **Please keep this somewhere safe - just in case!**



*Coming out of lockdown may not be easy for some of us and we may find it a struggle making ends meet, dealing with debt, claiming benefits, looking for work and more. It might be making you feel quite low too. Don't worry...*

**FREE help and advice is on hand locally**

*"Thank you for your support, it's a relief to know that there's a way through this"*

**Don't bury your head in the sand – get help  
as soon as possible!**

## Chesterfield & North East Derbyshire

### **Chesterfield Citizen's Advice**

Advice Helpline Call: 0300 456 8437

GP Surgery Outreaches: Contact your GP surgery to book a telephone appointment.

### **Citizen's Advice North East Derbyshire**

Advice Helpline Call: 0300 456 8437 (same as for Chesterfield)

GP Surgery Outreaches: Contact your GP surgery to book a telephone appointment.

### **Derbyshire Unemployed Workers Centre**

Call 01246 231441 or email [info@duwc.org.uk](mailto:info@duwc.org.uk)

or [Facebook](#) message them anytime.

### **Chesterfield and North East Derbyshire Credit Union**

Call 01246 278 833 or email [webmail@cnedcu.co.uk](mailto:webmail@cnedcu.co.uk)

### **Chesterfield Borough Council Benefits advice**

Call 01246 345 345

Homelessness prevention - Call 078702 77291 during office hours and 01629 533 190 for out of hours enquires.

### **North East Derbyshire District Council**

Call: 01246 231111

Visit [North East Derbyshire District Council's](http://North East Derbyshire District Council's website) website or email: [connectNE@ne-derbyshire.gov.uk](mailto:connectNE@ne-derbyshire.gov.uk) or Text: 07800 00 24 25.

### **Rykneld Homes**

Call 01246 217309 or Contact Centre on 01246 217670

or email [contactus@rykneldhomes.org.uk](mailto:contactus@rykneldhomes.org.uk)

## Bolsover

### **Derbyshire Unemployed Workers Centre**

Shirebrook : Call 01623 748161

or email [info@duwc.org.uk](mailto:info@duwc.org.uk) or [Facebook](#) message them anytime.

### **Release Financial Charity**

Call 01773 306289, 07932 088331 or email [info@releaseonline.org.uk](mailto:info@releaseonline.org.uk)

### **Bolsover District Council**

Call: 01246 242436 or email: [benefits@bolsover.gov.uk](mailto:benefits@bolsover.gov.uk)

## Agencies covering across all 3 areas

### **CAP Debt Counselling**

Service Helpline Call 0800 328 0006.

### **DCC Welfare Rights**

Call 01629 531535 or email: [welfarebenefits@derbyshire.gov.uk](mailto:welfarebenefits@derbyshire.gov.uk)

### **Money Sorted Personal Navigators**

Derbyshire Law Centre: Call 01246 550674 / 0800 707 6990

Text: 07781 482 826 or email: [dlc@derbyshirelawcentre.org.uk](mailto:dlc@derbyshirelawcentre.org.uk)

### **Food Banks**

For information on foodbanks near you, visit [Rural Action Derbyshire's](#) website or call: 01629 529970.

**Free British Sign Language Video Relay Service for deaf claimants accessing Universal Credit**, please visit the [gov.uk](http://gov.uk) website to view this.