












Coronavirus (COVID-19), Cold or Flu?

Recognise the common signs and symptoms

Symptoms	Covid-19 Symptoms range from mild to severe	Flu Rapid onset of symptoms	Cold Gradual onset of symptoms
 High Temp/ Fever (37.8°C or above)	Common	Common	Rare
 Continuous cough	Common (usually dry)	Common (usually dry)	Sometimes
 Loss or change to sense of smell/taste	Common	No	Sometimes
 Fatigue	Sometimes	Common	Sometimes
 Sneezing	No	No	Common
 Aches and pains	Sometimes	Common	Common
 Runny or stuffy nose	Rare	Sometimes	Common
 Sore throat	Sometimes	Sometimes	Common
 Diarrhoea	Rare	Sometimes (for children)	No
 Headaches	Sometimes	Common	Rare
 Shortness of breath	Sometimes	No	No

The most common symptoms are in **Green**

For more information visit: www.nhs.uk/conditions/coronavirus-covid-19/symptoms