

Curriculum map for PE / Gross Motor Skills



	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Nursery	Jungle Journey Write Dance		Jungle Journey Write Dance		Jungle Journey Write Dance	
Reception Follow REAL Reception programmes	REAL PE – Unit 1 Coordination: Footwork Static balance: one leg	REAL PE – Unit 2 Dynamic balance to agility: jumping and landing Static balance: seated	REAL PE – Unit 3 Dynamic balance: on a line Static balance: stance	REAL PE – Unit 4 Coordination: ball skills Counter balance: with a partner	REAL PE – Unit 5 Coordination: sending and receiving Agility: reaction/response	REAL PE – Unit 6 Agility: ball chasing Static balance: floor work
	Write Dance		Write Dance		Write Dance	
Y1 Follow REAL Y1 programmes	REAL PE – Unit 1 Coordination: Footwork Static balance: one leg	REAL PE – Unit 2 Dynamic balance to agility: jumping and landing Static balance: seated	REAL PE – Unit 3 Dynamic balance: on a line Static balance: stance	REAL PE – Unit 4 Coordination: ball skills Counter balance: with a partner	REAL PE – Unit 5 Coordination: sending and receiving Agility: reaction/response	REAL PE – Unit 6 Agility: ball chasing Static balance: floor work
	REAL Gym – Unit 1 Shape and travel Through floor work	REAL Gym – Unit 1 Shape and travel Using large apparatus	REAL Dance	REAL Dance	REAL Gym – Unit 2 Flight and rotation Through floor work	REAL Gym – Unit 2 Flight and rotation Using large apparatus
Y1/Y2 Follow REAL programme for majority of class, make adjustments for other year group through exceeding or working towards expectations	REAL PE – Unit 1 Coordination: Footwork Static balance: one leg	REAL PE – Unit 2 Dynamic balance to agility: jumping and landing Static balance: seated	REAL PE – Unit 3 Dynamic balance: on a line Static balance: stance	REAL PE – Unit 4 Coordination: ball skills Counter balance: with a partner	REAL PE – Unit 5 Coordination: sending and receiving Agility: reaction/response	REAL PE – Unit 6 Agility: ball chasing Static balance: floor work
	REAL Gym – Unit 1 Shape/balance and travel Through floor work	REAL Gym – Unit 1 Shape/balance and travel Using large apparatus	REAL Dance	REAL Dance	REAL Gym – Unit 2 Flight and rotation Through floor work	REAL Gym – Unit 2 Flight and rotation Using large apparatus
Y2 Follow REAL Y2 programmes	REAL PE – Unit 1 Coordination: Footwork Static balance: one leg	REAL PE – Unit 2 Dynamic balance to agility: jumping and landing Static balance: seated	REAL PE – Unit 3 Dynamic balance: on a line Static balance: stance	REAL PE – Unit 4 Coordination: ball skills Counter balance: with a partner	REAL PE – Unit 5 Coordination: sending and receiving Agility: reaction/response	REAL PE – Unit 6 Agility: ball chasing Static balance: floor work
	REAL Gym – Unit 1 Balance and travel Through floor work	REAL Gym – Unit 1 Balance and travel Using large apparatus	REAL Dance	Preparing for the SHAPE Dance Platform	REAL Gym – Unit 2 Flight and rotation Through floor work	REAL Gym – Unit 2 Flight and rotation Using large apparatus

In addition to the above, the following activities will be accessed through the SHAPE sports partnership:

Reception – Balance bikes sessions and follow up interschool event

KS1 – Termly in school competitive games sessions, interschool events