The challenges of being a parent or carer

Being a parent or carer can be a challenging job. Children may be fussy eaters, struggle to sleep at night, refuse to do basic things like brushing their teeth or getting dressed for school, have tantrums for no apparent reason. It can feel like you are the only one, but you are not alone, many parents and carers are dealing with these issues and more. Mrs Fox is now trained in running a course to help parents and carers with these day to day challenges. The next course will be starting after Easter. It is very informal and friendly, with tea and biscuits, a chance to learn about ways to deal with the day to day challenges of parenthood, and to help you feel more confident in dealing with these challenges. The course will run every Tuesday for ten weeks. If you are interested in finding out more, or would like to put your name down for the course you can speak to any member of staff in your child's class or in the office, or you can email the school office on info@speedwell.derbyshire.sch.uk

They will pass your message on to Mrs Fox, who will be in touch.

Term Dates 2023 - 2024 School Opens

<u>School Closes</u>

Monday 8th January 2024 Monday 26th February Monday 15th April Monday 3rd June

Thursday 15th February Thursday 28th March Friday 24th May Friday 19th July

School is also closed on Monday 6th May 2024 for May Day.

Speedwell Infant School 13th February 2024

www.speedwellinfants.co.uk



Bringing toys to school

Please can you discourage your child from bringing toys to school. We can not guarantee that they will be kept safe at school, and children can become upset if they are lost or damaged.

Nursery children may bring their special school mouse to school, as there is provision in Class 1 for keeping these safe and they are part of the school's planned support into school. Some children in Reception may also still wish to bring their school mouse to school.

Internet Safety

We have recently celebrated safer internet day and talked to the children about ways to keep themselves safe online. This includes not talking to people who they don't know and asking an adult for help if something worries them online. As parents and carers, you can also support your children by setting parental controls on devices and routers to reduce the risk of children accessing things that would not be appropriate for them. Please follow this link for more guidance about how to do this: <u>Set up devices for children -Internet Matters</u>

Dates for your diary

28th February – Y2 children will be performing in the Dance Festival at The Winding Wheel in Chesterfield.The school office has tickets available for the parents and carers of any Y2 children to purchase to attend the performance

 $1^{\rm st}$ March – Class 5 children visit the library, parents and carers are welcome to join the visit

Thursday 7th March – World Book Day and Family Reading morning

Friday 8th March – Class 3 children visit the library, parents and carers are welcome to join the visit

Friday 15th March – Class 2 children visit the library, parents and carers are welcome to join the visit

Friday 22nd March – Class 1 children visit the library, Reception parents and carers are welcome to join the visit, all Nursery children will need a parent or carer with them for the visit.

Tuesday 26th March – Family Easter craft morning, come along and join in the Easter craft fun in your child's class.

Wednesday 27th March – Easter bonnet parade. Please make an Easter bonnet or Spring hat with your child at home. Bring the bonnet or hat to school on Wednesday 27th March. Weather permitting, we will have a parade of bonnets and hats in the school playground – more details to follow nearer the time. Every child who makes a bonnet or hat will have their name put in a hat, and we will draw out one winner per class.

World Book Day

We will celebrate World Book Day on Thursday 7th March. We would like children to dress as a word. Some examples can be seen in the photos below: blustery, happy, tired. Do not feel you have to go out and buy costumes, you could make something over the half term with things you have in your home.







We are also having a family reading morning on this morning from 8.50am - 9.15am so please join your child for some reading activities in class.

Parent Governor vacancy

We have one new Parent Governor, however we still have a vacancy for another Parent Governor on our school governing body. If you are interested or would like to find out a bit more, please contact Mrs Waldron in the school office.